

RMS Reproductive Health & Safety (7th Grade and 8th Grade)

July 11, 2023

Dear Parent or Guardian,

This year in Healthful Living we will be discussing Reproductive Health & Safety (RHS).

Reproductive Health & Safety:

- ❖ Teaches that abstinence from sexual activity outside of marriage is the expected standard for all school age children.
- ❖ Teaches peer refusal skills, the benefits of abstinence, and risks of premarital sexual activity.
- ❖ Provides factually accurate biological or pathological information related to the human reproductive system.
- ❖ Teaches how sexually transmitted diseases (including HIV/AIDS) are and are not transmitted
- ❖ Teaches the rates of sexually transmitted infections among pre-teen and teens
- ❖ Teaches the effects of contracting sexually transmitted diseases
- ❖ Teaches that abstinence from sexual activity is the only certain means of avoiding out-of-wedlock pregnancy, sexually transmitted diseases when transmitted through sexual contact, including HIV/AIDS, and other associated health and emotional problems.
- ❖ Teaches the effectiveness and safety of all FDA-approved contraceptive methods in preventing pregnancy and sexually transmitted diseases.
- ❖ Informs students about local resources for testing and medical care for sexually transmitted diseases
- ❖ Teaches awareness of sexual assault, sexual abuse, and risk reduction.
- ❖ Informs students about resources and reporting procedures if they experience sexual assault or sexual abuse.
- ❖ Provides opportunities that allow for interaction between the parent or legal guardian and the student

Per Wake County Public School policy #5120, parents/guardians may review the RHS instructional materials by making an appointment with the Healthful Living teacher. Additionally, per policy #5120, if you prefer that your child not participate in any or all of this instruction you will need to notify the principal and the healthful living teacher in writing. Upon receipt of your written letter, your child will receive an equal, alternate assignment. Letters requesting an “opt out” from RHS must be returned to the school no later than [Friday, September 8th Tracks 1, 3, and 4.](#)

Depending on when your child has health, they will cover the RHS between January and May. This unit will continue for [10](#) days. Please look upon this unit as an opportunity to talk to your child about making healthy choices associated with their sexuality.

If you have any questions, please contact [your child’s Healthful Living Teacher.](#)

Sincerely,

D. Brennan
D. Hayes
S. Niebaum
B. Robison
T. Brodnick, Department Chair

If you would like to review the materials that will be used during the Reproductive Health and Safety Unit, please contact the Healthful Living Department Chair.
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