***PARENT DIRECTIONS FOR LOG-INTO WEL-NET***

1.       Type [www.focusedfitness.org](http://www.focusedfitness.org/)

2.       Find login for WELNET on lower left hand side of screen

3.       Enter login information as a student

a.       User name: student ID number

***Your child’s student ID is their powerschool ID number***

b.      Password: student's last name

***The password is their last name***

4.       Click on "Fitness"

5.       When finished reviewing, click on "Log Out" at top of page